

Diligentia et Accuratio

DESERT EAGLE

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Rotation in full swing

DESERT EAGLE

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For more information, call 437-2868.



Graphic by Senior Airman Chad Hawkins

On the cover: Expeditionary Airmen arrive here to support wartime efforts while Air Expeditionary Force 5/6 personnel make their transition to the deployed environment smooth. See cover story on Page 8.

Welcome to the 379th AEW where we put 'mission first'

by Brig. Gen. Charles Shugg
379th Air Expeditionary Wing commander

Welcome to the 379th Air Expeditionary Wing. We take great pride in making our mission the first priority. As a part of one of the Air Force's largest, most diverse and fast-paced bases, every Airman plays a critical role in the successful execution and support of the 379th AEW mission.

Our mission of delivering combat airpower in support of Operation IRAQI FREEDOM, Operation ENDURING FREEDOM and Combined Joint Task Force Horn of Africa, involves a 24-hour a day, 7 days a week, 365 days a year commitment and is at the center of why we are here. We accomplish our mission by operating throughout an area which stretches a distance comparable to that between Florida and Alaska. It is your combined professionalism and focus on our mission that keeps both the 379th AEW and the fight moving forward in the Global War on Terrorism.

In addition to our combat air power capabilities, we are a central transport and supply hub for the AOR. We move thousands of Airmen, Soldiers, Sailors and Marines and transport thousands of tons of critical supplies to servicemen and women on the ground throughout the region.

Airmen serving here are very fortunate. Many of our comrades are not afforded the amenities we have, such as hard billets to

sleep in, nice bathrooms to shower in and a host of other services offered to our Airman. The Airmen of the 379th AEW have worked diligently to improve our quality of life and it is all of our responsibility to keep those facilities in excellent condition. I expect each of you to leave the 379th AEW in even better condition than it was when you got here, helping improve the quality of life for those who will be here long after you.

While accomplishing our mission, I ask that you take the time to do it safely. The Air Force needs all of its Airmen healthy and able to contribute.

As a valuable member of our team, we cannot afford to have you get injured, or worse, lose your life due to an accident. Take the lead and be a proactive wingman and watch out for yourself and your fellow Airmen both on and off duty.

Finally, I would like to remind you that you are playing a significant role in our history. Your sacrifices and focus on putting the mission first will reap benefits for many generations. As you go about your work, keep in mind the events of September 11th and remember how it challenged our freedom and way of life. Although it is certain some challenging times lie ahead for all of us, I can tell you that the work you do here will be a rewarding and a memorable experience. I wish you good luck and always remember our motto – Mission First.



Photo by Senior Airman Erik Hofmeyer

'How can we help you?'

(From left) Senior Airman Corydon Thomas, Airman 1st Class Laura George, and Airman 1st Class Evon Hebner, all with the 8th Expeditionary Air Mobility Squadron, check the status of a flight for a customer. The 8th EAMS runs the passenger terminal here, where they process servicemembers and baggage moving in and out of the area of responsibility. It is one of the largest hubs and sometimes processes as many as 2,000 people in a day.

AF intelligence officer visits 379th AEW

by Desert Eagle Staff

The deputy chief of staff for intelligence, surveillance and reconnaissance recently visited the 379th Air Expeditionary Wing to talk to wing intelligence and ISR squadrons about the importance of their mission and learn about new processes in the area of responsibility.

Capt. Lisa Corley and Maj. Todd Geohagan, 379th Expeditionary Operations Squadron Intelligence Flight officers, briefed Lt. Gen. David Deptula on the Centralized Mission Planning Cell at the wing.

"We have built the Centralized Mission Planning Cell over the past year and explained to him how it impacts the 37 intelligence units across the AOR in Operations Iraqi and Enduring Freedom," said Lt. Col. Bill Tart, 379th EOSS commander.

Colonel Tart said General Deptula was impressed by this innovation and the number of personnel it saves by having a central hub.

The general was also briefed on improvements in tactics, techniques and procedures developed by many of the Airmen at the wing and examined by Lt. Gen. Gary North, Central Air Forces Command commander, at the CENTAF Weapons and Tactics Conference.

General Deptula discussed how a combined arms campaign with integrated airpower is the only way to build on successes in both theaters.

"We stressed that all operations whether land, maritime or air begin with ISR," Colonel Tart said. "Many Airmen of the 379th EOSS and the wing flying squadrons all influence the fight through intelligence preparation of the battlefield for tomorrow's engagements or through real-time

ISR collection and dissemination of timely, accurate and relevant data to people who can do something about it."

The general also visited the 763rd Expeditionary Reconnaissance Squadron whose RC-135 Rivet Joint aircraft support theater- and national-level consumers with near real-time on-scene intelligence collection, analysis and dissemination capabilities.

He was briefed by the squadron intelligence flight and ended his visit with there by visiting an aircrew.

"While with the crew, he emphasized the importance of airborne ISR, and the RC-135 in the fight against the Taliban, al Qaida and the Global War on Terrorism," said Lt. Col. Bruce Mundie, 763rd ERS commander. "He expressed his gratitude for the 763rd ERS's commitment to our country and the Air Force, and he showed great interest in the results of two recent missions that increased the pressure on the Taliban in Afghanistan."

Understanding that the Global War on Terrorism is a combined effort of U.S. Forces and coalition forces, the general visited the 12th (Bomber) Squadron, which flies Tornado GR4s.

General Deptula was greeted by Air Commodore Paul Oborn, United Kingdom Air Component Commander, and introduced to Wing Commander Mike Wigston, Officer Commanding 12 (Bomber) Squadron, along with Flight Lieutenant Jimmy Owens and Warrant Officer Steven Warner.

He received a brief on the intelligence



Courtesy photo

Lt. Gen. David Deptula (left), deputy chief of staff for intelligence, surveillance and reconnaissance, met with Brig. Gen. Charles Shugg (right), 379th Air Expeditionary Wing commander, during his visit here. The general discussed how a combined arms campaign with integrated airpower is the only way to build success in both theaters.

capabilities of the Tornado GR4 and its role in Operation Iraqi Freedom, providing armed overwatch for ground forces and reconnaissance for operational planning.

"The general was very keen to learn about the ability of the Tornado GR4 to provide imagery directly to ground forces in contact with the enemy," said Flight Lt. Owens. "He was enthusiastic about the assistance provided to the Tornado GR4 detachment for mission support by U.S. forces and discussed his thoughts on how this should be developed. He also expressed his interest in who might be the next prime minister of the UK."

Commander's Action Line

Comment: With the U.S. Air Force's senior leadership recommending foreign-language proficiency among its Airmen, I was wondering why the base does not offer any Arabic courses taught by native speakers. It seems to me that we are wasting a valuable opportunity to educate our Airmen and prepare them for the future mission.

I have inquired about Arabic courses through various services outlets, but the best they can offer is the online "Rosetta Stone" course, which is a great program, in my humble opinion - yet ultimately inferior to a native-speaking teacher. I hope I am not the only Airman discouraged by this absent chance to better myself and the Air Force. Thank you.


Response: Thank you for the inquiry about our language proficiency programs here at the base. Educating today's Airmen is one of our highest priorities. Classroom Arabic language and cultural seminars were previously offered through the 379th Expeditionary Services Squadron Education Center until recently when the professor became unavailable to teach.

Currently, we are in the process of coordinating with other educational institutions, both locally and abroad, to reinstate college-level Arabic culture and language seminars. We hope to bring these programs back within the next month on a continuing basis.

Currently, the 379th ESVS Learning Resource Center does offer free, online Rosetta Stone language programs, to include Arabic. These programs provide an excellent foundation for language learning and are especially appropriate and user friendly in a deployed location because they offer the flexibility many of our Airmen need due to their busy mission schedules.

actionline@auab.centaf.af.mil

The Action Line is your direct link to me. Use it if you have questions or comments about the base, which couldn't be resolved by your chain of command or base agencies. Each question will be reviewed and answered, and may be published on a case-by-case basis.



Thank you again for your interest in our educational programs and for continuing your education as a professional Airman. Your 379th ESVS is here to assist you in your endeavors.

Brig. Gen. Charles Shugg,
379th Air Expeditionary Wing commander



Photo by Senior Airman Erik Hofmeyer

Senior Airman Rebecca Phillips, 8th Expeditionary Air Mobility Squadron client support administrator, performs triceps pull-downs at the Ops Town gym. The certified personal trainer's goal was to help others improve their fitness during this rotation through teaching step aerobics, cardio kickboxing, yoga and Pilates. She also earned a 100-mile T-shirt through the 379th Expeditionary Services Squadron T-shirt incentive program.

Base welcomes AEF 7/8

Wing offers many opportunities for Airmen to better themselves

by Staff Sgt. Cassandra Locke
NCOIC, 379th AEW Public Affairs

Whether arriving for a four-, six- or 12-month tour, what better time to start improving oneself than the beginning of a rotation?

Some people may want to improve physically, mentally and spiritually. The base has different avenues to help improve the whole person.

Education

Throughout each rotation the 379th Expeditionary Services Squadron Education Office offers a variety of classes and tests to help Airmen reach their education goals.

More than 1,500 CLEP and DANTES tests were administered during Air Expeditionary Force 5/6. The College Credit by Examination Program (CLEP) and DANTES Subject Standard Tests (DSST) are given on more than 25 subjects. Airmen must call and schedule a testing time and date.

The education office also does testing for Excelsior College Exams, Career Development

Courses, Professional Military Education, Proctor College Examinations, AETC Type 6 (IMDS, T.O, Weight & Balance) and CERTTEST (CE Personnel).

Out of the 1,719 total test results received, 824 people passed which calculated to a 48 percent pass rate. There were 2,725 credits earned and the Air Force saved \$618,250 in tuition assistance.

"A lot of people don't have time at home station to focus strictly on education," said Senior Master Sgt. Jane Johnson, education center superintendent.

"It's important to work on your Community College of the Air Force degree because helps contribute to promotion."

Registration for classes out of the University of Maryland begins May 21. Classes start June 4. The classes that will be offered are: English 101, Mondays through Thursdays from 11 a.m. to 12:15 p.m.; U.S. History 1, Tuesdays and Saturdays from 6 to 9 p.m.; Foundations of speech communication Mondays and Thursdays from 7:30 to 10:30 p.m.; and Introduction to

computer-based systems Wednesdays and Sundays from 6 to 9 p.m.

Education office hours of operation are 7 a.m. to 9 p.m. daily and testing hours are 1 a.m., 1 p.m. and 6 p.m. Monday; 8 a.m. and 1 p.m. Tuesday and Wednesday; 1 p.m. and 6 p.m. Thursday; 8 a.m. and 1 p.m. Friday and Saturday and 1 p.m. on Sunday.

Airmen can request tuition assistance through the AF Portal at www.my.af.mil. Once logged in, click on the virtual education center link and then on "request TA." The class information is needed. Call the education office at 437-8710 for more information.

Fitness

Staff Sgt. Layla Anderson, 379th Expeditionary Civil Engineer Squadron third country national escort, said she wants to improve her run time for her fitness test while she's here.

"This is the perfect time to get in better shape," she said. "I plan on running a lot while I'm here."

If a better physique and health aren't

enough motivation to exercise, then the 379th Expeditionary Services Squadron offers an incentive program to help people reach personal fitness goals.

The T-shirt Incentive Program promotes physical fitness, and gives the opportunity for base personnel to earn shirts for reaching goals such as miles completed or increasing maximum weight on the bench press.

The 1,000-mile club is an integrity-based program where someone can create an account on a computer located at the Coalition Compound fitness center, and log the miles they ran or accomplished on an elliptical trainer or stationary bike. T-shirts with the number of miles completed are given out to those who reach each of the mile marks from 100 miles leading up to 1,000 miles, said Rosalyn Tarvar, Morale Welfare and Recreation technician.

She also said that two miles on the elliptical trainer and stationary bike is equivalent to one mile when tracking, and one mile on the track or treadmill is equal to one mile.

T-shirts issued for bench press go in 25-pound increments from 225 to 425 pounds for men and 100 to 125 pounds for women, Ms. Tarvar said.

People come to the service desk in the fitness center when they are ready to push the maximum amount of weight on the bench press, and staff members come out to the weight room with them to monitor or serve as a spotter.

"It's a good morale booster, the Airmen really get into it," said Ms. Tarvar.

Also, be sure to check the Desert Eagle for the respective week's fitness activities offered by the 379th ESVS. Some of the classes offered



Photo by Senior Airman Clark Staehle

Tech. Sgt. Timothy Keller, 763rd Expeditionary Reconnaissance Squadron, works out to reach his fitness goals.

are salsa, jiu jitsu, yoga, abs, step aerobics and more.

The Desert Eagle is distributed every Sunday at various locations throughout the base. The Desert Eagle can also be read online at <https://intranet.auab.centaf.af.mil/undernews/entertainment>.

Spirituality

For spiritual fitness, the base chapel offers a forum for prayers, daily mass, bible study, contemporary band playing and more. Check the Daily Dispatch e-mailed from the public affairs office for current information as well as the Desert Eagle.

"As you pursue personal, financial, physical and professional goals during your time here,

we encourage and invite you to strengthen your spiritual muscles as well," said Maj. Keith Muschinske, senior protestant chaplain. "Whether you want to renew your worship life or engage in a small group study, this is the place for it."

The chaplain said there are more than 80 weekly worship and study opportunities at Victory Chapel—details are available at the chapel (located near the pool) or check out the daily chapel schedule found in the Desert Dispatch.

He added that if looking for a cool, quiet place to study or relax, check out Jack's next door to the chapel. For more information call the chapel at 437-8811.

Getting involved

Anyone looking to get involved in any extracurricular activities should consider the Desert 5 and Top 4 organizations. The Desert 5 works in conjunction with the Top 4, the first sergeants and wing leadership to provide a forum to discuss issues that affect the morale of the base members.

They are also actively involved in promoting esprit de corps through such programs as the monthly Wing Promotion Ceremony and Mentorship Award program. The Desert 5 includes the base's E-1s through E-5s.

The base's Top IV coordinates programs such as the "Hard Charger Award," which recognizes Airmen in the grades of E-1 through E-6 for their "outstanding" performance.

They also narrate monthly promotion ceremonies and augment services personnel at the Desert Eagle Lounge and host the team trivia contests.

AFSO 21

Base uses new office to focus on improving processes

Compiled by Desert Eagle staff

Budget cuts have energized the Air Force to look at the way Airmen do business. With fewer people and less money, the search for lean ideas has swept across the service and Airmen at the 379th Air Expeditionary Wing have responded.

The 379th AEW Plans and Programs office is now the central point for funneling ideas from wing personnel for Air Force Smart Operations for the 21st Century.

"The reason for having one central wing office that's watching over the process is to make sure that AFSO 21 has credibility and visibility from the top, all the way to the individuals on the line that make the program tick," said Maj. James Leavenworth, chief of 379th AEW Plans and Programs. "We need Airmen at every level to speak up when they see processes that can be more efficient."

AFSO 21 is a way the Air Force can work smarter in a time when it is trimming down and trying to save money.

Recently, Secretary of the Air Force Michael W. Wynne commented on the new way of thinking about efficiency.

"It doesn't just look at how we can do each task better, but asks the tougher, more important questions 'Why are we doing it this way? Is each of the tasks relevant, productive and value added?'" the secretary said. "In other words, is it necessary? With AFSO 21, we will march unnecessary work out the door."

Airmen should feel a sense of empowerment since no process is immune from this critical review.

Dozens of initiatives were submitted by 379th AEW personnel last rotation.

For example, 379th Expeditionary Communications Squadron Airmen submitted an initiative, to revise how some specialized heavy equipment is leased.

Before the initiative, the heavy equipment was leased on an annual basis. Since the vehicles were infrequently used, the 379th ECS asked if there was a more cost-effective way to retain their capability and save money. A team from 379th Expeditionary Contracting Squadron, 379th Logistics Readiness Squadron vehicle fleet management, and the communications squadron met to identify alternative leasing methods for the infrequently used, yet necessary, heavy equipment.

A blanket purchase agreement was researched that allows the 379th ECS to lease the vehicles on a daily, weekly or monthly basis. These options let customers pay for the equipment only when it is needed. If 379th ECS leases the equipment for one month this year, the initiative will save about \$300,000 per year.

Last rotation, Airmen also completed AFSO 21 initiatives to streamline in-processing to the wing and the distribution of mobility gear and individual body armor for forward deployers, saving thousands of hours each rotation.

Additionally, the 379th Expeditionary Services Squadron implemented the "Field Food Headcount" system at the dining facilities on base.

The AFSO 21 initiative allows Department of Defense employees who have common access cards to scan their cards to sign in for meals. This new system consolidates meal headcounts instead of collecting and adding up sign-in sheets, eliminating the need to store thousands of sheets of paper each month.

Information on submitting and initiating projects currently in the works can be found on the base AFSO 21 intranet page.

Survival tips for new rotation

Compiled by Desert Eagle staff

Guidelines for wearing contact lenses

History shows that contact lens use in a deployed environment raises the number of eye injuries. Last rotation, the 379th Air Expeditionary Wing saw approximately 40 patients for eye infections related to contact lenses alone.

Many of these members required urgent consultation with eye specialists in Doha.

People wear their contact lenses too long due to mission demands who are unable to maintain good eye hygiene. They may not have access to a sufficient supply of contact lens solution.

The wind, dust and sand further increase the risk of an eye injury by drying the eyes out or causing dust and sand to be trapped between the contact lens and the eye.

Central Command specifically prohibits the non-authorized wear of contact lenses for non-flying personnel in the area of responsibility.

Military members who must wear them for mission requirements must have an authorization letter from their squadron commanders.

The bottom line is that Airmen risk damaging their eyes every time they put in contact lenses while deployed. The smart choice is to put away the contact lenses and put on glasses.

For more information, call 437-8804.

Washing your hands

The AEF 5/6 rotation is coming to end and everyone is anxious to return home. Still, as members of the 379th AEW, it is paramount that we continue with the success of our mission. Good personal hygiene is one of the most effective ways to protect ourselves and others from illnesses, such as viral gastroenteritis.

Viral gastroenteritis is an intestinal infection caused by several different viruses. The main symptoms of viral gastroenteritis are watery diarrhea and vomiting, headache, fever, chills and abdominal pain. The viruses are commonly transmitted by people with unwashed hands. People can get the viruses through close contact with infected individuals by sharing their food, drink, eating utensils or by eating food or drinking beverages that are contaminated with the virus.

Viral gastroenteritis is treated by supportive care. This means ensuring the person is well hydrated and providing appropriate pain relievers and anti-diarrhea or anti-vomiting medications as indicated.

The biggest concern is diarrhea and vomiting can cause dehydration, the loss of important body fluids and essential minerals. With the hot weather already here, it is very important to avoid dehydration. Proper water consumption plays a critical role in maintaining hydration to avoid heat stress. To prevent dehydration, seek prompt medical attention. The sooner you

are treated, the sooner you can get back to the mission.

Prevention is key to avoiding viral gastroenteritis. The best way to prevent the spread of this infection is to follow these common-sense precautions:

- Wash hands well with soap and water after using the bathroom and before eating or handling food.
- When you wash your hands, make sure they are totally dry before you touch anything.
- Carry waterless hand sanitizer for times when soap and water aren't available.
- Do not share eating or drinking utensils.
- Drink only bottled water and drinks.
- Eat only foods that have been thoroughly cooked when off base.
- Avoid sidewalk food stands when off base.

Proper hand washing can eliminate nearly half of all cases of gastroenteritis illness and significantly reduce the spread of the common cold and flu. Hand washing doesn't take much time or effort, but offers great rewards. Adopt this simple habit and protect your health.

Anthrax vaccinations

To protect from weaponized anthrax, the Department of Defense has implemented the Anthrax Vaccine Immunization Program. Airmen who are assigned here for 15 or more consecutive days are subject to the mandatory vaccination. Anthrax is a top choice of agents to be used as a biological weapon. This is due to its abundance in nature and its ability to make spores which last for years. It's also low cost and easy to produce. Visit the 379th Expeditionary Medical Group clinic to get your shots or call 437-8570 for more information.

Sleep Problems

Insomnia is a widespread problem affecting essentially everyone at one period in their lifetime. It is perhaps the most frequent health complaint after pain. For many individuals, sleep is particularly difficult during deployment.

Tips for Improving Sleep:

- Avoid caffeine for six to eight hours before bedtime.
- Avoid nicotine before bedtime.
- Sleep medications are only short-term solutions. They lose their effectiveness in about two to four weeks when taken regularly.
- Get regular exercise, preferably 30 to 60 minutes per day.
- A light bedtime snack can promote sleep.
- Avoid naps. The sleep you obtain during the day takes away from sleep at night. If you must nap, keep it to 15 to 30 minutes.
- Allow yourself at least an hour at bedtime to unwind.
- Set a reasonable arising time and stick to it. Set the alarm and get out of bed at the same time each morning, including days off.

-Go to bed only when you are sleepy. When you go to bed too early, it only gives you more time to be frustrated. Individuals often ponder the day's events, plan the next day's schedule, or worry about being unable to sleep.

-Get out of bed when you can't fall asleep or try to go back to sleep in about 15 minutes. Return to bed only when you are sleepy.

Sports injury prevention tips

Keep safe in the AOR while supporting wartime contingency missions. If you are focused on getting in shape and slimming down during your deployment by being involved in sport activities, weightlifting or other recreational events, here are a few safety practices you should follow before you start your physical activity:

- Train for the sport you plan to participate in. Don't expect the sport itself to get you in shape.
- Wear the corresponding protective equipment designed for the particular sport.
- Ensure you get plenty of rest. Not getting enough rest can make you susceptible to injuries by using poor judgment and carelessness.
- Warm up by stretching and start with a warm up that suits your sport.
- Take a break from a physical activity if your body is in pain, and focus more on rest and healing.

Be careful when walking and running on base. Rocks and uneven surfaces can cause ankle and knee sprains, falls, etc.

How Clean Is Your S: Drive

The S: drive should be used to store official files only.

Do

- Save official files.
- Save files that need to be shared with other users.
- Save files in only one location.
- Email a link to the S: drive instead of emailing large attachments.

Don't

- Save personal files.
- Save files in multiple locations.
- Save application software (i.e. Microsoft Office, Adobe Photoshop, etc).
- Save backups of personal hard drives.

For more information about storing files on the S: drive, call your client support administrator or the Comm Focal Point at 437-COMM.

Do not forget to salute marked vehicles

Don't forget to walk with your head held high, watching what's going on around you. If in DCU, DFDU or Air Force PT uniform when not exercising, all military personnel are required to salute all properly marked vehicles with appropriate officer rank (eagle or star) displayed in windshields in Coalition Compound and OpsTown.

How's your uniform appearance?

■ Only USAF-issued camouflage desert pattern floppy/boonie or USMC-style 8-point hats are authorized at any time in AF PTU (no "doo rags," bandanas, civilian hats, caps).

■ The only approved optional baseball style hat is the blue hat displaying the official Air Force symbol and the lettering U.S. Air Force and the base name and location.

■ Spandex shorts and leggings (navy blue or black) may be worn under PT shorts. Pants zipped at legs.

■ Full length leggings may be worn during cold weather.

■ Tennis shoes w/white socks only with AF PT running suit.

■ White socks must be worn ankle or calf length (small trademark logos are OK).

■ **Wrong**, Eyeglasses and sunglasses should NOT placed on top of head or attached to the uniform.

■ To help secure government-approved sunglasses and goggles while in uniform in a contingency environment, the wing commander has approved the wear of sunglasses/goggles around the neck with a black, brown or desert tan strap in daylight hours only.

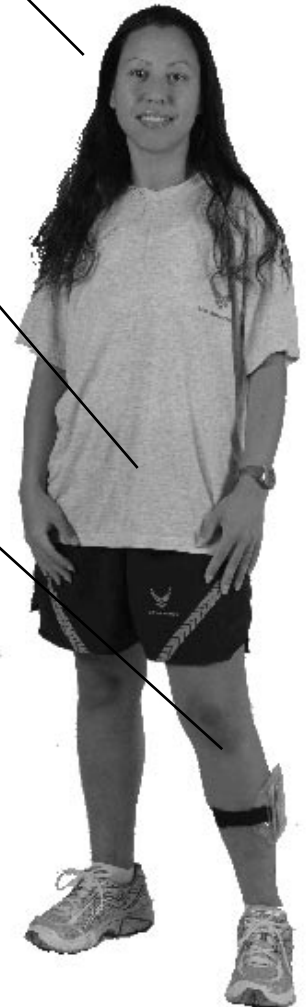


■ **Wrong**, Hair must be neat and cannot hang loose below the collar; long hair must be tied back.

■ **Wrong**, AF T-shirt must be tucked into shorts.

■ All personnel must carry their ID card at all times on base.

■ Around neck or on upper left or right arm, not on leg or lower arm.



■ **Wrong**, Shower shoes and/or flip-flops are only authorized to and from the cadillacs.

■ Sandals w/back straps authorized for wear with AF PTU in CC only, if not exercising, to keep feet dry and healthy. No homemade back straps on flip-flops authorized.

GEARING UP

DESERT EAGLE TEAM HELPS PROCESS, MOVE TROOPS HERE

by Senior Airman Clark Staehle
Desert Eagle Editor

Almost everyone in the Air Force deploys to one place or another at some point in their career. Getting people to the right place at the right time can take a huge amount of coordination and teamwork on everyone's part.

Many units and missions come together to help ensure the smoothest transition possible into a deployed location.

Here, such units as the 8th Expeditionary Air Mobility Squadron, 379th Expeditionary Logistics Readiness Squadron, 379th Expeditionary Services Squadron, and Personnel Support for Contingency Operations all play integral roles in the arrival of each member of the Desert Eagle Team.

379th Expeditionary Logistics Readiness Squadron

The 379th Expeditionary Logistics Readiness Squadron makes sure each Airman passing through here receive the equipment they need for their deployment up range, from bullet-proof vests to first aid kits and more.

"We issue all transient personnel their C bags, chem. gear, cold-weather gear ... anything and everything," said Staff Sgt. Travis Taylor, 379th ELRS Expeditionary Theater Distribution Center "We reposition all the assets here so the customer, for one, doesn't have to bring it with them and carry that extra load, and two, we save enormous amounts of money. In the past year alone, we've saved the Air Force over \$17 million just by having it prepositioned here."

"Even though it may sound like a boring job, this is stuff that could save someone's life," the sergeant said.

379th Expeditionary Services Squadron

The 379th Expeditionary Services Squadron has several roles transitioning air and space expeditionary force rotations. Airmen with the 379th ESVS help make lodging arrangements for Airmen staying here and moving on up range.

During the rotation surge, every unit on base is busier. The 379th ESVS has 3,332 total beds in billeting. Of those, 1,428 were full from Sunday to Thursday. During a normal week, about 300 beds are full.

After providing servicemembers with a place to stay, the 379th ESVS has another way to help members of the Desert Eagle team. The 379th ESVS reception control team members wearing blue vests provide assistance to transient personnel moving forward and returning home.

"The blue vest helps us stick out so people



Photo by Senior Airman Erik Hofmeyer

Senior Airman Karen Fox, 379th Expeditionary Logistics Readiness Squadron Expeditionary Theater Distribution Center mobility journeyman, schedules times chalkboard. Servicemembers will process through to receive mobility gear and individual body armor. The ETDC is the largest center in the area of responsibility, and thousands of U.S. servicemembers are issued mobility bags, body armor and first aid kits on their way to Iraq or Afghanistan.

will know where to turn for help," said Staff Sgt. Laura Fournier, 379th ESVS lodging supervisor. "We're usually out and about around the billeting tents so we're available for people who need help finding their way around the Coalition Compound."

manpower to get the job done through the rotation.

"There have been a couple of nights in the last week where we've moved over 2,000 people in a night," Sergeant Fernau said. "The logistics of that

8th Expeditionary Air Mobility Squadron

During the AEF 7/8 rotation turnover, the 8th Expeditionary Air Mobility Squadron routes packages, baggage, people and cargo in and out of the Area of Responsibility and works hand in hand with several other units to get their job done.

"We provide accountability," said Tech. Sgt. Aaron Fernau, 8th Expeditionary Air Mobility Squadron NCO in charge of passenger terminal day shift. "In conjunction with PERSCO, we make sure everybody gets in-processed into the country, that way everybody knows they're there. We work in conjunction with the local nationals, as far as customs and immigrations. We set it all up together, that way it's a one-stop shop for the guys coming in country."

To help handle the large number of servicemembers passing through, Airmen from other bases are tasked to augment the staff already here. This ensures there is enough



Photo by

Airmen arriving here disembark a plane, processing through the passenger terminal. Air Mobility Squadron processes any passengers and their baggage heading in responsibility.

ERE, TO FOWARD LOCATIONS



Photo by Airman 1st Class Gustavo Gonzalez

Capt. Adam Avnet, 379th Expeditionary Mission Support Group's Personnel Support for Contingency Operations team chief, briefs incoming Airmen on their upcoming rotation here.

are hard to put into words as far as coordination and just having enough people to do it."

From Sunday through Thursday, the 8th EAMS processed 123 inbound and outbound flights and more than 5,000 passengers. During a normal seven-day period, they process about 150 inbound and outbound planes and about 2,200 passengers.

379th PERSCO

The 379th Personnel Support for Contingency Operations team is the largest in the Area of Responsibility. It is comprised of personnelists who are responsible for briefing and processing each person who comes through, whether they're staying here or moving on to Iraq or Afghanistan. They provide accountability of all personnel on base.

"Basically we in-process people and we out-process them. We keep accounts on them," Capt. Adam Avnet, with 379th Expeditionary Mission Support Group's PERSCO team. "We do some limited personnel services, mostly we do liaison work with the home station."

The PERSCO team maintains 24-hour operations, comprised of two shifts. From Sunday to Thursday, Airmen in PERSCO have processed more than 750 servicemembers into the base during the rotation surge. It has processed about as many for redeployment.



Photo by Senior Airman Erik Hofmeyer

Staff Sgt. Laura Fournier, 379th Expeditionary Services Squadron lodging supervisor, assists Army Capt. Samuel Morgan Wednesday. Sergeant Fournier serves on the reception control team to provide assistance to transient personnel moving through the 379th Air Expeditionary Wing.



by Airman 1st Class Gustavo Gonzalez

**where they will begin
l. The 8th Expeditionary
cargo, packages, and
to or out of the area of**

'Hard Chargers' recognized by Top IV



Airman 1st Class Zachary North, 379th Expeditionary Civil Engineer Squadron firefighter, accepts his April Hard Charger award from Chief Master Sgt. Arvin Davis, 379th Air Expeditionary Wing command chief.

Airman North protected and evacuated aircrew members from a \$202 million C-17 that had smoke coming from the flight deck.

In addition, he administered oxygen to a patient having severe anxiety attacks. The patient fully recovered.

Finally, he flawlessly conducted 30 fire inspections, identified and corrected 27 discrepancies, and improved fire safety by 50 percent.



Staff Sgt. Paul Quarrella, 379th Expeditionary Maintenance Squadron Aircraft Structural Maintenance floor chief, accepts his April Hard Charger award from Chief Master Sgt. Arvin Davis, 379th Air Expeditionary Wing command chief.

He superbly led fourteen Airmen, completing 104 flight line actions on seven diverse aircraft enabling 1,000 combat sorties and 6,000 flight hours for the month.

Sergeant Quarrella shared techniques in a rare fix of a disbanded C-17 landing gear door, proved the vacuum bond process and saved \$135,000. He fabricated four B-1 hydraulic lines, hand-bent raw tube stock, returned two aircraft fully mission capable, and saved \$1,000 and two weeks supply lead time.

In addition, he repaired a disbanded B-1 stab cap and riveted and injected it with resin. The integrity was restored and aided the squadron monthly drop of 308 bombs.

Finally, he restored a KC-135 flap, replaced torn trailing edge, riveted it to tolerance and saved \$84,000 in Air Force assets and aided 98 percent mission-effective rate.



ARC advisors deploy for Guard and Reserve members

by Col. John Silvia III
Senior Air Reserve Component Advisor

With 15 percent of the total force represented by Reserve and Guard members, Air Reserve Component advisors are forward deployed to ensure they are 100 percent integrated into the mission.

The ARC advisors' office functions as the forward-deployed representative for all Reserve Component members to help resolve issues while they serve in the Middle East. The office is staffed by two officers (one from the Air Force Reserve Command and one from the Air National Guard).

As ARC advisors, we are aligned as members of the Combined Air Operations Center special staff while simultaneously acting as the forward deployed 9th Air Force Reserve and Guard Advisors. We are physically located in the CAOC while our staff function is supported by Air Force Reserve Command, The National Guard Bureau and the CAOC itself.

When looking at those 15 percent of



ARC members, you'll find they come from all professional walks of life, all parts of the country and yet are barely noticed as being unique from their active-duty counterparts during deployments.

The differences are only apparent at re-deployment time or if one looked closely at the

orders for the exact legal authority under which they are deployed. In fact, ARC members are active-duty Airmen and subject to all the same standards, rules, regulations and AF Instructions once on orders and deployed.

Like most offices, we are especially challenged during rotation periods. Specifically, this office functions at peak capacity when the rotations are swapping in and out of theater.

But this doesn't preclude us from performing other day-to-day operations and activities. Like the passenger terminal specialists or personnelists, we recognize the increased tempo during these rotation periods. And though we may miss your call, our support is not far behind.

Whether a high operations period or not, we are here for you, the Reservist and Guardsman. Like you, we are here to represent our Air Force in this fight against terrorism and proud to serve as members of the combined air power team.

If you should have questions or concerns, please call Col. John C. Silvia III at 436-4009 or Lt. Col. David M. Keely at 436-2643.



Photo by Airman 1st Class Gustavo Gonzalez

71st EACS change of command

Lt. Col. Myles Moriguchi, took command of the 71st Expeditionary Air Control Squadron, May 13. Lt. Col. Tom Skrocki, 379th Expeditionary Operations Group deputy commander, presided over the ceremony. Colonel Moriguchi is deployed from the Pacific Missile Range Facility, Barking Sands, Hawaii. He has been in the Air Force since 1981.

Wing Air Power Summary

The 379th Air Expeditionary Wing contributed to the following airpower missions from May 12-16.

Bomber missions

A B-1 crew provided a show of force, releasing multiple flares in support of Coalition ground forces. The Joint Terminal Attack Controller reported the show of force was successful and enemy forces broke contact with Coalition forces.

A U.S. Air Force B-1B Lancer provided a show of force for a Coalition convoy who took fire near Kajaki Dam. After the show of force, there were no more reports of small arms fire.

In Afghanistan, a U.S. Air Force B-1B Lancer dropped multiple Guided Bomb Unit-31s on insurgent compounds near Kajaki Sofia. The aircrews dropped Guided Bomb Unit-38s on enemy targets also. A Joint Terminal Attack Controller reported the drops a success. The B-1 also performed a show of presence on a Coalition route in the area.

A U.S. Air Force B-1B Lancer dropped GBU-31s on a building occupied by insurgent



fighters in Gereshk. A Joint Terminal Attack Controller reported the drop a success. The B-1 also conducted a show of presence on a Coalition route in the area.

ISR missions

The 379th Air Expeditionary Wing contributed to U.S. Air Force, U.S. Navy and Royal Air Force Intelligence, Surveillance and Reconnaissance aircraft flying 70 missions in support of operations in Afghanistan.

Additionally, U.S. Air Force, U.S. Navy and Royal Air Force aircraft performed tactical reconnaissance.

Intra-theater airlift missions

U.S. Air Force C-130s and C-17s provided

intra-theater heavy airlift support, helping to sustain operations throughout Afghanistan, Iraq and the Horn of Africa. Approximately 616 airlift sorties were flown; more than 1,839 tons of cargo were delivered, and approximately 13,170 passengers were transported.

The 8th Expeditionary Air Mobility Squadron loaded more than 744 tons of cargo. The total military aircraft worked were 90 inbound and 98 outbound.

The 746th Expeditionary Airlift Squadron and 816th Expeditionary Airlift Squadron delivered the cargo throughout the theater.

Air refueling missions

The 379th Air Expeditionary Wing contributed to U.S. Air Force, Royal Air Force and Singapore Air Force aerial refueling crews who flew 191 sorties and off-loaded more than 11.1 million pounds of fuel.

The 340th Expeditionary Air Refueling Squadron off-loaded more than 6.7 million pounds of fuel and flew about 120 sorties.

Five Pillars of Islam

There are five basic religious tenets to Islam, generally called the Five Pillars of Islam:

Shahadah: The profession of faith: 'I testify there is no God but Allah and Muhammad is the Messenger of Allah.

Salah: The faithful must turn toward Mecca and recite a prescribed prayer five times daily at dawn, just after midday, asr (mid afternoon), just after sunset and before midnight. The most important prayer is the Friday prayer, delivered from a pulpit of the mosque by a prayer leader. In many Muslim countries, Friday is a holiday, with banks and shops closed all day. Respect a Muslim's need to perform this duty and do not walk in front of someone praying. Do not attempt to enter a Mosque (Muslim house of worship). Do not take photographs, unless you have been given permission to do so.

Zakah: A compulsory payment from a Muslim's annual savings. It literally means 'purification.' Zakah can only be used for helping the poor and needy, the disabled, the oppressed, debtors and other welfare purposes defined in the Qur'an and Sunnah.

Ramadan: All Muslims are required to fast during the Holy Month of Ramadan (a lunar month of 29 or 30 days, which falls 11 days earlier each year, depending on sightings of the moon). All Muslims completely abstain from food, drink, sex and tobacco from dawn to sunset. Non-Muslims should respect this practice and whenever possible avoid infringing these laws in front of Muslims, since this would be considered an insult. Right after sunset, most Muslims will break their fast, and a little business or travel will be practical for the visitor at this time.

The Hajj: The pilgrimage to Mecca. Every Muslim who can afford it and is fit enough must make the journey at least once in their lifetime.

Jihad: Sometimes thought of as the sixth pillar, it does not mean "holy war," but is used to describe the personal battle one undertakes against sin and temptation.



"Please MTV! Pimp my ride!"

The winner of Caption Contest No. 31 is Master Sgt. Paul Bumann, 379th Expeditionary Aircraft Maintenance Squadron. Congratulations!

Other submissions this week are:

"Wow! I didn't know desert gremlins fixed tie rods THAT way!"

-Staff Sgt. Brenda Webb, 379th Expeditionary Maintenance Squadron

"This ain't no Daewoo!"

-Pvt. Kamika Mckoy,
C3/43 ADA

Caption Contest



Rules

Photo No. 32

Try your hand at writing a caption for this week's photo. The author whose caption entry gets the most laughs - or groans - from our panel wins.

1. Write an imaginative, humorous, printable caption related to the Air Force.
2. E-mail caption entries to DESERT.EAGLE@auab.centaf.af.mil with the words 'Caption Contest' in the subject header.
3. Include the Caption Contest photo number you are referencing, your name, rank, deployed unit and phone number.
4. Winners are announced in the following paper.
5. Deadline for submission is noon Thursday.

WARRIORS OF THE WEEK

Airman 1st Class John Davis

Response Force Member

379th Expeditionary Security Forces
Squadron

Hometown: Rome, Ga.

Home station: Maxwell AFB, Ala.

Date arrived in AOR: March 10

Deployment goals: Complete my up-grade training for my five skill level and proudly represent my family, unit, flight and myself. Bring my "A" game every day I put on my uniform and lace up my boots.

Best part of the deployment: Working in the Combined Air Operations Center.

Hobbies: Running, working out and playing sports.

Best Air Force memory: Getting coined while supporting a flyaway mission.



Staff Sgt. Michael Gray

Wheel and Tire NCOIC

379 Expeditionary Maintenance Squadron

Hometown: Odessa, Texas

Home station: Dyess AFB, Texas

Date arrived in AOR: Jan. 16

Deployment goals: Supply the area of responsibility with as many wheel and tire assemblies as possible.

Best part of the deployment: Being a flight lead for the Joint Civilian Orientation Conference

Hobbies: Building hotrods, skydiving, and riding motorcycles.

Best AF memory: Being able to visit Germany.

Airman 1st Class Nicholas Larson

RC-135 crew chief

55th Aircraft Maintenance Unit

Hometown: Holbrook, Ariz.

Home station: Offutt AFB, Neb.

Date arrived in AOR: April 18

Deployment goals: To gain more job knowledge.

Best part of the deployment: Getting to see the world.

Hobbies: ATVs and off-roading.

Best Air Force memory: Getting to sit in an F-16 and an A-10.





Sunday

1800 Capoeira
2000 Salsa
2100 Jiu Jitsu
2300 Salsa

Monday

0600 Hot Yoga
0700 Dynamic Step
1800 Capoeira
1900 Abs
1900 Boxercise (RED HORSE)
1930 X-tra Abs
2000 Salsa
2100 Jiu Jitsu
2330 Sculpting

Tuesday

0500 Warrior Abs
0600 Sculpting
0900 toning
1000 Jiu Jitsu
1800 Step Aerobics
1900 Extreme Core
1900 Circuit (RED HORSE)
2300 Pai-Lum Kung Fu

Wednesday

0600 Hot Yoga
0700 Dynamic Step
1800 Capoeira
1900 Abs
1930 X-tra Abs
2130 Jiu Jitsu

Thursday

0500 Warrior Abs
0600 Sculpting

0900 toning
1000 Jiu Jitsu
1800 Step Aerobics
1900 Extreme Core
1900 Circuit (RED HORSE)
2000 Salsa
2300 Pai-Lum Kung Fu

Friday

0600 Hot Yoga
0700 Dynamic Step
1900 Abs
1930 X-tra Abs
2000 Salsa
2100 Jiu-Jitsu

Saturday

1000 Jiu Jitsu
1900 Capoeira
2000 X-tra Abs
2100 Salsa
2300 Pai-Lum Kung Fu



Chapel office hours are 0730 to 2300. Call the chapel at 437-8811.

MPR: Multi-Purpose Room

Conf: Conference Room

Sanct: Sanctuary

BSR: Blessed Sacrament Room

Monday

0445-0615 Prayer Warriors, Sanct
0730-0830 LDS Sacrament Service, Conf
0730-0830 ESFS Bible Study, MPR
1000-1030 Redeployment Brief (or Online), Sanct/Conf
1130-1200 Daily Mass, BSR
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1900-2130 Gospel Service Musician Rehearsal, Sanct
2000-2100 LDS Sacrament Service, Conf
2000-2100 Women of Virtue, MPR
2130-2300 J STARS Bible Study, Conf

Tuesday

0445-0615 Prayer Warriors, Sanct
0800-0830 Morning Prayer, MPR
0900-1000 Friends of Bill W, Conf
1000-1030 Redeployment Brief (or Online), Sanct/Conf
1130-1200 Daily Mass, BSR
1700-1800 Church of Christ Bible Study, MPR
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1900-2130 Gospel Choir/Praise Team Rehearsal, Sanct
1930-2100 Men of Integrity, MPR
2100-2300 Liturgical Dance, Sanct
2130-2300 J STARS Bible Study, Conf

Wednesday

0445-0615 Prayer Warriors, Sanct
0645-0700 Prot. Communion Service, MPR
1000-1030 Redeployment Brief (or Online),

Sanct/Conf

1130-1200 Daily Mass, BSR
1530-1700 Catholic Choir Practice, Sanct
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1800-1900 Mormon Bible Study, Conf
1900-2000 LDS Activity Night, MPR
1930-2030 Gospel Service Bible Study, Sanct
2000-2130 Officer's Christian Fellowship, Conf
2100-2300 Contemporary Band Practice, Sanct

Thursday

0445-0615 Prayer Warriors, Sanct
0800-0900 Holy Communion & Bible Study, MPR
1000-1030 Redeployment Brief (or Online), Sanct/Conf
1130-1200 Daily Mass, BSR
1730-1800 Rosary, BSR
1730-1900 Traditional Service Choir Rehearsal, Sanct
1800-1830 Daily Mass, BSR
1900-2000 Gospel Choir/Praise Team Rehearsal, Sanct
2100-2300 Liturgical Dance, Sanct
2000-2100 Friends of Bill W, Conf

Friday

0445-0615 Prayer Warriors, Sanct
1000-1030 Redeployment Brief (or Online), Sanct/Conf
1130-1200 Daily Mass, BSR
1300-1430 Islamic Prayer, MPR
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1800-1900 Shabbat Evening Service, MPR
1900-2030 Shabbat Meal, Conf
1930-2030 Joy Night (a time of prayer, praise, and encouragement), Sanct
2100-2300 Liturgical Dance, Sanct

Saturday

0445-0615 Prayer Warriors, Sanct
1030-1200 Seventh-Day Adventist, MPR
1500-1600 Catholic Choir Practice, Sanct
1730-1845 Jewish Study
1930-2045 Contemporary Worship Service, Sanct
1930-2030 Buddhist Learning Group, MPR
1930-2100 Gospel Service Leaders Mtg, Conf
2045-2130 Contemporary Band Practice, Sanct
2030-2130 Wiccan/ Earth Based Group, MPR
2100-2200 Contemporary Bible Study, Conf
2200-2230 Catholic Mass, Sanct

Sunday

0445-0615 Prayer Warriors, Sanct
0800-0900 Catholic Mass, Sanct
0830-0930 Sunday School, Conf
0900-1015 Orthodox Service, MPR
0930-1045 Contemporary Worship Service, Sanct
0945-1100 Protestant Service @ CAOC-2nd floor Conf
1100-1200 Catholic Mass @ CAOC, CAOC-2nd floor Conf
1130-1230 Church of Christ Service, Sanct
1300-1400 Latter Day Saints Service, Sanct
1400-1500 LDS Sunday School, Sanct
1500-1600 Islamic Studies, Conf
1500-1515 Protestant Comm. Service, MPR
1600-1700 Traditional Prot. Service, Sanct
1715-1745 Catholic Reconciliation, Priest's Office
1800-1900 Catholic Mass, Sanct
1900-2130 Gospel Service Dance Team
1930-2100 Gospel Worship Service, Sanct
2000-2100 Friends of Bill W, Conf

(All programs and times are subject to change. For more information or to make a facility request please contact the Chapel at 437-8811.)

Services briefs

CAC Calendar of Events



Sunday	2000 Dominoes 2300 Spades	2300 Hearts
Monday	Wednesday	Friday
0100 Yahtzee	0300 Spades	0100 Hearts
0800 Dominoes	0800 8 Ball	0800 9 Ball
1200 Madden '07 (PS2)	1200 NCAA Football	1200 NCAA Football
1600 Phase 10	1600 Gin Rummy	1600 Foosball
2000 8 Ball	2000 9 Ball	2100 Spades
2300 Hearts	2300 Madden '07 (PS2)	2300 Dominoes
Tuesday	Thursday	Saturday
0100 Ping Pong	0100 Chess	0100 Phase 10
0800 Madden '07 (PS2)	0800 Checkers	0900 Bingo
1200 Texas Hold'em	1200 Halo 2	1200 Yahtzee
1600 Chess	1600 Ping Pong	1600 Texas Hold'em
	2000 Texas Hold'em	2000 Bingo
		2300 Checkers

Now playing at the base theater

All movies and showtimes subject to change

Sunday	2200 Wild Hogs	2200 Reno 911: Miami
2000 Wild Hogs		
2200 Pirates of the Caribbean 2	Wednesday	Friday
Monday	0100 Vampires	0130 Ghost Rider
0100 The Pursuit of Happyness	0330 Charlotte's Web	0400 Crash
0330 Letters from Iwo Jima	0600 Pirates of the Caribbean 2	0630 Right Start Briefing
0700 TCN Escort Briefing	0900 The Butterfly Effect 2	1100 Deja Vu
1100 Bat 21	1200 Wild Hogs	1330 Hannibal Rising
1400 The Butterfly Effect 2	1500 Bat 21	1600 Casino Royale 007
1630 Brown Sugar	1730 Over the Hedge	2000 Ghost Rider
1930 Pirates of the Caribbean 2	2000 Reno 911: Miami	2200 Pirates of the Caribbean 2
2200 Reno 911: Miami	2200 Ghost Rider	Saturday
Tuesday	Thursday	0130 The Number 23
0100 Bridge to Terabithia	0100 The Astronaut Farmer	0400 The Pursuit of Happyness
0330 Crash	0330 Johnson Family Vacation	0800 Off Base Driver's Training
0630 Right Start Briefing	0600 Ghost Rider	1100 Apocalypso
1100 Hannibal Rising	0830 Brown Sugar	1500 Vampires
1330 Commando	1200 The Number 23	1800 Over the Hedge
1600 Off Base Driver's Training	1430 Be Cool	2000 Reno 911: Miami
1800 Charlotte's Web	1700 Taxi	2200 Wild Hogs
2000 Ghost Rider	2000 Wild Hogs	2400 Off Base Driver's Training

Now playing at the CAC

All movies and showtimes subject to change

Sunday	0700/1900 Wedding Crashers	1000/2200 A Glimpse of Hell
1600 Aces		
1900 Match Point	1000/2200 An Eye for an Eye	Friday
2200 Spies Like Us		0100/1300 Dude Where's My Car?
Monday	Wednesday	0400/1600 Dinner Rush
0100/1300 John Tucker Must Die	0100/1300 American Wedding	0700/1900 Money Talks
0400/1600 The Transporter	0400/1600 Ablaze	1000/2200 Ghost Lake
0700/1900 The Patriot	0700/1900 Bad Company	Saturday
1000/2200 Blood Relations	1000/2200 Lucky # Slevin	0100/1300 Wedding Crashers
Tuesday	Thursday	0400/1600 Lucky # Slevin
0100/1300 The Upside of Anger	0100/1300 Just Friends	0700/1900 American Wedding
0400/1600 28 Days Later	0400/1600 Johnny English	1000/2200 The Italian Job
	0700/1900 The Italian Job	

Sunday, Dinner: BBQ Ribs, southern frd catfish, cornbread, cheese biscuits, sweet potatoes, wild rice, black-eye peas, collard greens, brown gravy, chick nddl soup **Snack Line:** Buffalo wings, cheese sticks, cherry cbbllr, chick brst, fries **Specialty Bar:** Oriental Bar **Monday Midnight:** Mtlf, mashed potatoes, beets, french tst sticks, oatmeal, grits, frd rice, bacon belly burrito **Lunch:** Lasagna, veal parmesan, garlic brd, oven-browned potatoes, Italian-style bkd beans, steamed squash, marinara sauce, Italian garden soup **Dinner:** Braised bf and nddl, teriyaki chick, Filipino rice, parsley buttered potatoes, frd cabbage, mixed vgtbls, brown gravy, Italian garden soup **Snack line:** Chick Enchlids, chick nuggets, peach cbbllr, chick brst, potato wedges **Specialty Bar:** Taco Bar **Tuesday Midnight:** Lemon herb chick, steamed rice, Mexican corn, pancakes, oatmeal, grits, frd rice, bacon, sausage, burritos **Lunch:** White fish parmesan, rst turkey, scalloped potatoes, steamed rice, cauliflower combo, green beans, chick gravy, crm of potato **Dinner:** Bkd ham, beef stroganoff, mashed potatoes, egg nddls, lima beans, calico corn, brown gravy, crm of potato soup **Snack Line:** Fishwish, BBQ Chick ribs, nachos, apple cbbllr, chick brst, onion rings **Specialty Bar:** Southern Meal **Wednesday, Midnight:** Rst loin of pork, orange rice, carrots, waffles, oatmeal, grits, frd rice, bacon belly burrito **Lunch:** Rst pork loin, lmn-herbed chick, crnbrd, mashed potatoes, black-eyed peas, mxd vgtbl, sweet potatoes, chick grvy, tomato soup **Dinner:** Grld steak, shrimp scampi, frd shrimp, mshd potatoes, rice pilaf, corn on the cob, peas and carrots, brwn gravy, tomato soup **Snack Line:** Corn dogs, pizza, chrry cbbllr, chick brst, fries **Specialty Bar:** Potato Bar **Thursday, Midnight:** Italian sausage, mashed potatoes, cauliflower, french tst sticks, oatmeal, grits, frd rice, bacon, sausage, burritos **Lunch:** Rst beef, turkey ala king, rst turkey, mashed potatoes, steamed rice, mustard greens, glazed carrots, brown gravy, double nddl chick sp **Dinner:** Pepper steak, Mexican bakes chick, Mexican crnbrd, bttrd potatoes, macaroni and cheese, peas and carrots, corn on the cob, vgtbl gravy, Spanish soup **Snack Line:** BBQ Pork, jalapeno ppprs, chick ribs, lemon frd fish, peach cbbllr, chick brst, curly fries **Specialty Bar:** Curry Bar **Friday, Midnight:** Fish Almandine, rice pilaf, calico corn, pancakes, oatmeal, grits, frd rice, bacon belly burrito **Lunch:** Srbrtn, fish almandine, hot potato salad, Jefferson nddls, Harvard beets, cauliflower au gratin, mshrm gravy, pppr pot soup **Dinner:** Rst turkey, grilled pork chops, battered fish, cottage frd ptts, savory brd dressing, glzd arrts, black-eye peas, chick gravy, chick nddl **Snack Line:** Stk and cheese sub, calzones, apple cbbllr, chick brst, fries **Specialty Bar:** Pasta Bar **Saturday Midnight:** Lasagna, mashed potatoes, lima bns, waffles, oatmeal, grits, frd rice, bcn, ssge, burritos **Lunch:** Ginger BBQ Chick, shrimp Creole, macaroni and cheese, red bns and rice, mixed vgtbls, lima bns, brown gravy, crm of broccoli sp **Dinner:** Teriyaki mtlf, bkd chick, rice pilaf, rissole potatoes, cauliflower, peas, brown gravy, crm of broccoli soup



U.S., host nation event

Maj. Gen. William J. Holland, Combined Forces Air Component deputy commander, Combined Air Operations Center, shakes hands with U.S. ambassador to the host nation, Chase Untermeyer, during the host nation -American Friendship Day. The event was hosted to celebrate American National Day and to promote good relations between the two nations. (Photo by Praveen Menon)



Mission first

Airman 1st Class David Wonsitler, 34th Aircraft Maintenance Unit electro-environment maintainer, preps a heat exchanger for installation. The heat exchanger cools the coolant oil in the avionics bay to keep all electronic parts from overheating. (Photo by Senior Airman Erik Hofmeyer)